

Companion planting in Nadine's garden:

The idea is that plants can either have a beneficial or a harmful effect when planted next to each other...hence the reason for this garden's layout:

- Asparagus love tomatoes
- Tomatoes love carrots, help early cabbage and brassicas (they ward off the white cabbage butterfly). Are also aided by stinging nettles. (I water them with nettle water every once in a while.)
- Potatoes love broad beans and any type of bean as well as horse-radish and nasturtium. Don't plant tomatoes near potatoes because they'll stunt the growth of the tomatoes.
- Beans like beetroot, spinach, chard, carrots - but hate anything in the onion family (eg onions, garlic, leeks, spring onions). Bush beans grow well with strawberries. Both seem to benefit from being near each other.
- Spinach and strawberries also like each other.
- Plant lettuce and carrots in between the onion rows to stop the slugs from eating them. Slugs hate the smell of onion and garlic!
- Plant lots of nasturtiums in the garden to repel a wide range of insects from vegetables and fruit trees. They also improve the growth and flavour of any neighbouring crops.